

HANDCRAFTED CHAI

New Dona Masala Chai

Dona Masala Chai is slow steeped with ginger, cinnamon, green cardamom, cloves, black peppercorn, and organic, loose-leaf black tea—high in antioxidants and aids in circulation and digestion.

- ✓ Vegan
- ✓ Gluten Free
- ✓ Non-GMO
- ✓ Kosher



*Let's make a latte.
It's easy!*



- Combine equal parts Dona Masala Chai and Oberweis milk.
- For iced, simply pour over ice.
For hot, heat on a stovetop, microwave, or steam.

MASALA CHAI SPICED APPLE CIDER

Combine Long Grove Apple Cider and Dona Chai, steam and serve hot.

LONG GROVE
Apple Cider

DONA
NEW Masala Chai



Meet the founder, Amy Rothstein

Amy moved to New York City for grad school at NYU, and became an accidental entrepreneur. As she explored the city and the many coffee shops, she realized something was missing—high-quality and local chai concentrates. Most shops were using heavily-sweetened boxed concentrates or teabags which veer from the Indian tradition. She began learning about chai—the history, traditions and recipes. Ultimately, Amy became fascinated with the versatility, growing conditions and benefits of spices and launched Dona, one of the leading chai companies in the United States.



About Dona Chai

Dona crafts spice-based tea concentrates. Their quality begins with their ingredients. Dona sources spices from collectives across the world, paying attention to place of origin, growing conditions, and end quality. Each spice is cupped to test for flavor profile, natural sweetness, and body. The brewing process begins with whole spices that are ground fresh per batch. Then, the spices are slow steeped to build complexity. The result is a bold, balanced and flavorful drink.

CREATE COMFORT

Craving a savory, satisfying meal? We make it easy with heat and serve Garden Fresh Gourmet Tomato Soup and grilled cheese. Add Uncured Honey Ham to the mix for the ultimate soup and sandwich experience.

GARDEN FRESH

Tomato with Parmesan Soup

CASTLE WOOD RESERVE

Sliced Cheese & Deli Meat

NATURAL OVENS

Sliced Bread Loaves





MOUThWATERING MEALS

Good Food Made Simple uses only natural, minimally processed ingredients and makes all their meals from scratch. Packed full of organic veggies & whole grains, antibiotic-free meats, and flavors that take your taste buds on a global epicurean adventure.

Entrée Meals

SALE 5.49

reg. 5.99 • 9 oz – 10.1 oz

Chicken Enchilada Verdes

Chicken Black Bean

Chicken Pad Thai

Buffalo Style Chicken



- ✓ No Artificial Preservatives
- ✓ No Artificial Colors or Flavors
- ✓ No Artificial Sweeteners
- ✓ No Hydrogenated Oils



Entrée Burritos

2 for \$4

2.99 each • 6 oz

Southwestern Spicy Chicken

Buffalo Chicken

Chicken & Black Bean





Fat Free White Milk

OBERWEIS

1/2 gallon	3.89
1 quart	2.39
12 oz	1.29
12 oz - 12 count case	12.99

2% Reduced Fat White Milk

OBERWEIS

1/2 gallon	3.89
1 quart	2.39
12 oz	1.29
12 oz - 12 count case	12.99

Whole White Milk

OBERWEIS

1/2 gallon	3.89
1 quart	2.39

2% Chocolate Milk

OBERWEIS

1/2 gallon	4.19
1 quart	2.59
12 oz	1.29
12 oz - 12 count case	12.99

Fat Free NSA Chocolate Milk

OBERWEIS

1 quart	2.59
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Cream

OBERWEIS

Half & Half • 12 oz	1.99
Heavy Whipping Cream • 12 oz	3.29

DAIRY STAR

Aerosol Whipped Cream • 15 oz	5.39
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Butter

OBERWEIS

Salted or Unsalted • 1 lb	4.99
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Block Cheese

OBERWEIS

Swiss • Colby • Colby Jack • Mild Cheddar	
Pepper Jack • Sharp Cheddar • 6 oz - 7.5 oz	3.99
English Cheddar • 6 oz	4.99

SARTORI

BellaVitano Reserve Balsamic • 5.3 oz	5.99
BellaVitano Reserve Merlot • 5.3 oz	5.99

Sliced Cheese

CASTLE WOOD RESERVE

Colby Jack • Pepper Jack • Sharp Cheddar • Swiss	
8 oz	4.99

DUTCH GARDEN

American • 10 oz	4.59
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Grated Cheese

VERDACCIO

Parmesan • 4 oz	2.99
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Cottage Cheese

OBERWEIS

2% or 4% • 16 oz	3.49
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Cream Cheese

SMITHFIELD

Traditional • 8 oz	2.99
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Sour Cream

OBERWEIS

Traditional • 16 oz	3.49
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Low Fat Swiss Yogurt

OBERWEIS

Blueberry • Peach Raspberry • Raspberry	
Rhubarb • Strawberry • Tart Cherry	
BUY 5 GET THE 6th FREE • 6 oz	1.39

Drinkable Yogurt

YO YUMMY

Mixed Berry • Strawberry • Strawberry Banana	
BUY 5 GET THE 6th FREE • 3.5 oz	1.29

Greek Yogurt

GREEN MOUNTAIN

SEASONAL Pumpkin Pie • Raspberry • Strawberry	
Black Cherry • Blueberry • Coconut • Peach • Vanilla	
SALE 6 for \$6 • 5.3 oz	1.39

Greek Yogurt Tub

GREEN MOUNTAIN

Plain • 32 oz	6.49
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BREAKFAST

NEW Egg Bites

THREE LITTLE PIGS

Bacon & Swiss • 2.5 oz	1.99
Ham & Espelette Pepper • 2.5 oz	1.99
Prosciutto & Gruyère • 2.5 oz	1.99
Spinach & Feta • 2.5 oz	1.99

Breakfast Burritos

GOOD FOOD MADE SIMPLE

Chicken Apple Sausage Burrito • 5 oz	2.99
Sriracha Scramble Burrito • 5 oz	2.99
Turkey Sausage Burrito • 5 oz	2.99

NEW Syrup

OBERWEIS

Vermont Maple Syrup • 8.5 oz	12.99
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Pancake Puffs

GOOD FOOD MADE SIMPLE

NEW Chocolate Chip • 10.6 oz	4.99
Original • 10.6 oz	4.99

Waffles

GOOD FOOD MADE SIMPLE

Blueberry Waffles • 7.8 oz	3.99
Buttermilk Waffles • 7.8 oz	3.99

Oatmeal

GOOD FOOD MADE SIMPLE

Organic Steel Cut Oatmeal • 16 oz	3.99
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Eggs

PHILS

Large Brown DHA Omega 3 Eggs • 1 dozen	4.69
XL White Cage Free Eggs • 1 dozen	3.99
Egg Whites • 16 oz	4.49

PEARL VALLEY

XL White Eggs	2.99
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Breakfast Meat

OBERWEIS

Canadian Style Ham • 1.5 lb	10.99
Thick Sliced Bacon • 1.5 lb	10.99
Sausage Links • 1 lb	4.99

AMYLU

Apple & Maple Chicken Mini Links • 9 oz - 14 count	5.99
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Bagels

BAGELADIES

Cinnamon Raisin • Everything • Original • Wild Blueberry	
5 count • 10min. Oven Bake & Serve	6.69

H&H MIDTOWN BAGELS EAST

Plain • Everything • Sesame	
6 count • Ready to Serve	5.99

Bakery

OBERWEIS

Cinnamon Rolls • 22 oz - 6 count	6.99
Cinnamon Pecan Coffee Cake • 29 oz	7.99
Cheese Danish • 12.9 oz	4.99
Cherry Danish • 12.6 oz	4.99
Traditional Banana Bread • 18 oz	4.99
Pecan Banana Bread • 18 oz	4.99

Bread Loaves

NATURAL OVENS

Better White • 100% Whole Grain • 24 oz - sliced	4.19
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NEW Snack Packs

OLLI SALUMERIA

Calabrese/Asiago • 2 oz	4.99
Genoa/Fontina • 2 oz	4.99
Prosciutto/Mozzarella • 2 oz	4.99
Sopressata/Cheddar • 2 oz	4.99

Granola

BANNER ROAD

Bye Bye Blues • Kick Start • Monkey Suit	
Midnight Snack • Oh Snap! • Original	
11 oz	9.99
4 oz	5.99
Mocha Morning • 4 oz	5.99

Honey

BEE RAW

Colorado Sweet Yellow Clover • Maine Wild Raspberry	
Florida Orange Blossom • 10.5 oz	13.49

Nut Butter

BIG SPOON ROASTERS

Peanut • 10 oz	10.99
Hot Peanut • 10 oz	12.99
Mission Almond • 10 oz	14.99
Peanut Cocoa • 10 oz	14.99

Crackers

CRUNCHMASTER

Original Multi Seed • Sea Salt • Tuscan Olive Oil	
Roasted Garlic • Protein Sea Salt	
White Cheddar • Tuscan Rosemary	
3.54 oz - 4 oz	3.99

Specialty Meat

VOLPI

Genoa Salame • 4 oz slices.....	4.99
Genoa Salame • 8 oz chub	6.99
Prosciutto • 3 oz slices.....	5.99

Supersnacks

ORGANIC MADE IN NATURE

Razzy Pops Red Raspberry • 4.2 oz	4.99
Figgy Pops Ch-Ch-Cherry • 4.2 oz	4.99
Figgy Pops Cran. Pistachio • 4.2 oz	4.99
Figgy Pops Apricot Cashew • 3.8 oz	4.99
Figgy Pops Nutter & Jelly • 3.8 oz	4.99
'Nana Pops Banana-Rama • 3.8 oz	4.99
Coconut Chips Maple Vanilla • 3 oz	4.99
Coconut Chips Toasted Cinn. • 3 oz	4.99
Nut Fusion Maple Balsamic • 4 oz	4.99
Nut Fusion Pomegranate Ginger • 4 oz	4.99
Dried Apricots • 6 oz	4.99
Dried Cranberries • 5 oz	4.99
Dried Deglet Noor Dates • 6 oz	4.99
Dried Mangoes • 3 oz	4.99
Dried Smyrna Figs • 6 oz	4.99

Sprouted Nuts

ORGANIC BROTHERS

SPROUTED NUTS

Crackled Cheezy Almonds • 16 oz	13.99
Garlic Salty Walnuts • 16 oz	13.99
Sweet Apple Pecans • 16 oz	17.99

Tortilla Chips

GARDEN FRESH

Original Salted • Blue Corn • 14 oz	3.99
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Salsa

GARDEN FRESH

Mild • Medium • 16 oz	3.99
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Dips

OBERWEIS

French Onion Dip • 16 oz	3.99
Jalapeño Queso Dip • 8 oz	3.99

Hummus

GARDEN FRESH

Original • Roasted Red Pepper • Roasted Garlic 10 oz	3.99
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DINNER

Entrée Burritos

GOOD FOOD MADE SIMPLE

SALE 2 for \$4

Buffalo Chicken • 5 oz	2.99
Chicken & Black Bean • 5 oz	2.99
Southwestern Spicy Chicken • 5 oz	2.99

Entrée Meals

GOOD FOOD MADE SIMPLE

Buffalo Style Chicken • 9 oz	5.99 SALE 5.49
Chicken Black Bean • 9.5 oz	5.99 SALE 5.49
Chicken Enchilada Verdes • 10.1 oz	5.99 SALE 5.49
Chicken Pad Thai • 9.5 oz	5.99 SALE 5.49

Soup

GARDEN FRESH

SEASONAL Tomato with Parmesan • 24 oz	6.99
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Bacon Sausage

BIG FORK

Aged Cheddar • Bacon & Ale • Hickory & Applewood 12 oz - 4 count	8.99
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Beef Burgers & Hot Dogs

OBERWEIS

All Natural Angus Burgers • 1/2 lb - 4 count	14.99
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EISENBERG

All Natural Angus Beef Franks • 14 oz - 5 count	6.49
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Chicken Sausage

AMYLU

Habanero & Tequila • Andouille Apple Gouda Cheese • Roasted Garlic & Asiago 9 oz - 4 count	5.99
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Deli Meat

CASTLE WOOD RESERVE

Oven Roasted Turkey Breast Smoked Honey Turkey Breast Uncured Honey Ham • 1 lb	8.99
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DESSERTS

Ice Cream Quarts

OBERWEIS

Butter Pecan • Chocolate • Chocolate Chip Chocolate Peanut Butter • Coffee • Cookie Dough Cookie Dough Peanut Butter • Cookies & Cream Espresso Caramel Chip • Mint Chip • Strawberry • Vanilla 1 quart	6.99
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Please visit www.oberweis.com/home-delivery/browsing for our complete list of available ice cream flavors.

Ice Cream Tubes

OBERWEIS

Chocolate • Vanilla • Lemon Sorbet Orange Sherbet • Mango Pomegranate Sorbet 4 oz	1.29
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Ice Cream Cake

OBERWEIS

Birthday • Cookies & Cream • Triple Chocolate Cake 8 in • serves 16	31.99
Birthday • Strawberry Torte • Mint Chip 6 in • serves 12	22.99

Ice Cream Pie

OBERWEIS

Turtle • Cookie Dough • Brownie a la Mode Mint Chip • Chocolate Peanut Butter Cookies & Cream 9 in • serves 8	17.99
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Cheesecake

CHUCKANUT

SEASONAL Pumpkin • New York • Chocolate Truffle Very Berry • Strawberry 4 oz	2.99
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Pie

LONG GROVE

SEASONAL Brown Bag Apple Pie • 32 oz	18.99
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Bakery

OBERWEIS

Brownies • 6 count	7.99
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BEVERAGES

Lemonade

OBERWEIS

1/2 gallon	1.99
12 oz	0.99
12 oz - 12 count	10.99

Iced Tea

OBERWEIS

1/2 gallon	1.99
12 oz	0.99
12 oz - 12 count	10.99

Fruit Punch

OBERWEIS

1/2 gallon	1.99
12 oz	0.99
12 oz - 12 count	10.99

Raspberry Lemonade

OBERWEIS

1/2 gallon	1.99
12 oz	0.99
12 oz - 12 count	10.99

Iced Tea-Lemonade Blend

OBERWEIS

1/2 gallon	1.99
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Premium Juice

SEASONAL LONG GROVE

Apple Cider • 1/2 gallon	5.99
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NAKED

Blue Machine • Green Machine • Red Machine 15.2 oz	3.99
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OBERWEIS

Orange Juice • 52 oz	6.29
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NATALIE'S ORCHID ISLAND

Orange Juice • 1/2 gallon	7.29
Orange Juice • 8 oz	1.29
Grapefruit • 1/2 gallon	7.29
Blood Orange • 1 quart	6.99
Orange Mango • 1 quart	5.79
Orange Pineapple • 1 quart	5.79

Chai

DONA

NEW Masala Chai • 8 oz concentrate	7.99
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Single Cup Coffee Compatible with Keurig K-Cup® Brewers

PAPANICHOLAS

French Vanilla • Colombian Supremo Black & Tan • Donut Blend • K-Cup 12 count	6.99
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Organic Ground Coffee

PAPANICHOLAS

Black & Tan • Breakfast Blend • Kona Baru • 12 oz	9.99
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Water

NESTLE

Purified Water • 16.9 oz - 24 count	6.49
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ICE MOUNTAIN

Spring Water • 16.9 oz - 24 count	7.49
Spring Water • 3 Liter	1.99
Spring Water Dispenser • 2.5 gallon	3.99

FRESH BAKED GRANOLA BARS

Almond butter, raw honey, dried cranberries and gourmet granola combine to create a fresh-baked bar that you'd never guess was good for you.

PHIL'S EGGS
Farm Fresh Eggs

BANNER ROAD
Original Granola

BEE RAW
Honey

BIG SPOON ROASTERS
Almond Butter

OBERWEIS
Unsalted Butter

MADE IN NATURE
Dried Cranberries



ALMOND BUTTER CRANBERRY GRANOLA BARS

*with Bee Raw honey and
Banner Road granola*

INGREDIENTS

- 2 egg whites
- 1/2 cup Bee Raw honey
- 1/2 cup Big Spoon Roasters mission almond butter
- 1/4 tsp. cinnamon
- 2 1/2 cups Banner Road original granola
- 1/2 cup oat flour
- 1/2 cup Oberweis unsalted butter, melted
- 1/2 cup Made in Nature dried cranberries

INSTRUCTIONS

- 1) Line a 13 x 9 baking dish with parchment paper. Preheat oven to 325° F.
- 2) Whisk egg whites until frothy. Add honey and almond butter and mix until well combined.
- 3) Add all dry ingredients and pour melted butter over all. Mix until well combined. Stir in dried cranberries.
- 4) Spread mixture over the bottom of the parchment lined baking dish in an even layer.
- 5) Bake at 325° F for 25 minutes until golden brown. Let cool for 15 minutes.
- 6) Cut into 18 rectangles and let cool completely before removing from pan. Enjoy!